

Entry form
Detach & Send to:
Champ Camp
5845 Grassland Terr.
Marshall, WI 53559

Participant's Name _____

Address _____

City _____ Zip _____ Phone _____

Grade in fall of '23 _____ Age _____

Caregivers Name _____

Caregivers EmailAddress _____

Caregivers Cell Phone # _____

Insurance Co. _____

Policy # _____

Participant's Physician _____

Physician's Phone # _____

In the event of an emergency whom should we
contact if we are unable to reach you ?

Name _____

Phone _____

Email _____

I declare that _____ is in good physical health and able to
safely practice and play football.

I also give permission for _____ to attend Champ Camp.

I certify that the registrant has had a satisfactory physical
examination within the past two years and is physically able to
participate in all camp activities. In the event of injury or illness, I
give my consent for necessary emergency medical treatment and
will be responsible for all costs involved. We will make an attempt
to contact you before treatment is given.

ParentSignature _____

Circle - Shirt Sizes: S M L XL XXL
(All shirts adult sizes)



Champ Camp

June 26-29

1:00 pm - 3:00pm

at

SUN PRAIRIE EAST

HIGH SCHOOL

Questions?

- This is a fundamentals camp for any student entering grades 5-8.
- This camp is run by Sun Prairie East High School football coaches along with current and former college football players.
- This camp is not part of Cardinal Youth Football.
- **The camp will run from Monday June 26- Thursday Jun 29, 2023**
- **The time is from 1:00pm-3:00pm.**
- Camp will be held on the practice fields behind East High School

Instruction Philosophy

- The first day all players will be given instruction in all positions.
- The second, third and fourth day the athlete will be given the opportunity to specialize at a position.
- Participants will receive instruction in quickness, agility, flexibility, and running techniques

Quarterbacks:

Stance, ball handling, faking, passing, field generalship, and strategy.

Running Backs:

Stance, ball carrying, faking, blocking, and pass receiving.

Receivers:

Stance, releases, patterns, receiving, ball carrying, and blocking.

Offensive Lineman:

Stance, explosion, pulling, blocking, pass blocking.

Defensive Lineman:

Stance, ready reaction, pass rush, and tackling.

Linebackers:

Stance, keying reaction, tackling, and pass defense

Defensive Backs:

Stance, keying, pass defense (man and zone).

Place Kicking, Punting, and Long Snapping will also be taught

Equipment:

Participants will be expected to come to each session dressed in appropriate attire, football type shoes, T-shirt or sweatshirt, and athletic shorts or sweatpants.

Any eye glasses worn in practice must be unbreakable in accordance with WIAA safety rules.

This is a skills camp. Helmets and shoulder pads will not be used.

Registration:

To hold your place in camp, you must first submit a signed completed registration form along with full payment. \$65 first athlete - \$60 each additional family member. Participants must have their own medical insurance.

**Make check out to and mail to
Sun Prairie Quarterback Club**

5845 Grassland Terr.

Marshall, WI 53559

**Any Questions call Brian Kaminski at 698-8950
or Tim Bass at 513-2145**

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